




# Sabbath Study for Young Kids

Theme: Psalms 103 & 104, 105 & 106, 107, 108, 109

Lesson	Objectives	Activities	Vocabulary
<p>Lesson 1</p>	<p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God.</i></p> <p><i>Psalms 90-106 describe the great tribulation and then the Millennium of peace.</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read <b>Psalm 103 &amp; 104</b> together. In these Psalms, we are reminded of to bless (thank/praise) God for all His benefits (everything He has provided for us). Some of these benefits are listed for us: He forgives, redeems, heals, &amp; crowns us. His compassion (love) is steadfast (constant, loyal). Psalm 104 describes His greatness within nature &amp; describes what we can see with our eyes &amp; understand with our senses.</p> <p>Reread Psalm 103:17-18. It is a promise from God to all who love and obey Him. We bless God by keeping His commandments with joy and thanksgiving. Review His Commandments with the children. Create folding Commandments using popsicle sticks. Use pictures instead of words if desired.</p> <p><a href="https://www.youtube.com/watch?v=wF3AdNdPwMg">https://www.youtube.com/watch?v=wF3AdNdPwMg</a></p>  <p>Reread Psalm 104 together. Ask children to listen for words that are things from nature mentioned in the Psalm as you read. Make a list of them and create some of these images with torn paper bits, paint, or crayons on a mural with verse 1 from this Psalm at the top.</p> <p>Review the story of creation in Genesis 1. Make a simple timeline showing the creation God made. Help the children to understand that His creation is</p>	<p>bless benefits forgives redeems crowns heals steadfast compassion</p>

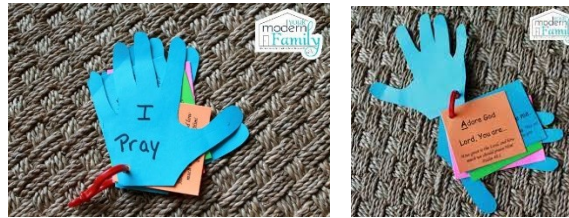
		<p>evidence of His handiwork to us still today.</p>  <p>6 DAYS OF CREATION ART</p>	
<p>Lesson 2</p>	<p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God. Psalms 90-106 describe the great tribulation and then the Millennium of peace.</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read <b>Psalm 105 &amp; 106</b> together. These Psalms are a reminder that it is important praise God for all He has done for us. We can recall specific times when He has helped us do things or provided for us as part of praising Him.</p> <p>Make a list of things God has done for you with the children. Create praise posters by drawing things you praise God for and attaching each drawing to a popsicle stick. Children can raise their stick as they thank God for what He has done. Create a praise song of poem to encourage children to participate in this kind of “organized” praise.</p> <p>Psalm 105 reminds us not to forget the great things God has done for us. In fact, we should tell others what God has done for us. Ask the children to draw or paint something or someone they love. Remind them this has been given by God whether it is food, a loved one, a pet, a toy, the sun, etc. Write Psalm 105:1 on their drawings.</p> <p>Psalm 106 describes God’s mercy (love) for us in saving us, helping us, rescuing us, etc. We are reminded again to keep His commandments to show our love for Him. Create large hearts of paper, foam, glitter, fuzz balls, etc. Write on each one: I love God by following His Commandments.</p>	<p>praise mercy endures righteousness mighty acts deeds rejoice make known tell others</p>

<p>Lesson 3</p>	<p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God. Psalms 107-150 describe the time when Israel will be delivered much like they were in the time of Esther. It summarizes Books I-IV.</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Psalm 107 begins Book V of Psalms. Read <b>Psalm 107</b> together. Psalm 107 describes people who found themselves in desperate situations of sin, sickness, danger and evil. Some of the people called out to the Lord for help, and the Lord rescued them with his mighty power!</p> <p>Create I am Thankful flowers.</p>  <p>Paint pictures of the ocean waves and a small boat on it. Then write the words from Psalm 107:29 on the pictures to tell how God calms the waves.</p>	<p>redeemed rescued mighty power desperate humbled satisfies</p>
<p>Lesson 4</p>	<p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God. Psalms 107-150 describe the time when Israel will</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read <b>Psalm 108</b> together. Talk about what it means to have a “fixed heart”. David had a fixed heart for God. He loved God consistently, even when he sinned. He repented and ran back to God. We need to have fixed hearts for God too.</p> <p>Make refrigerator magnets on small rectangular wood pieces. Create a harp, guitar, or musical note shape on textured paper, felt, or cloth to glue on.</p>	<p>fixed heart praise glory exalted delivered tread down enemies</p>

	<p><i>be delivered much like they were in the time of Esther. It summarizes Books I-IV.</i></p>	<div data-bbox="716 191 1032 611" data-label="Image"> </div> <p>Talk with children about how they can make music in their hearts to praise God. Talk about how that might feel. Create hearts of musical notes. (Purchase craft paper with notes printed on it.) Cut out the hearts, and have children place them on a colorful painted background they have created on heavier paper to make the hearts stand out. Frame it with glitter or pom poms. Use multiple hearts for larger pictures.</p> <div data-bbox="737 1003 1013 1255" data-label="Image"> </div>	
<p>Lesson 5</p>	<p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God. Psalms 107-150 describe the time when</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read <b>Psalm 109</b> together. This Psalm describe frustration when we may be laughed at for believing in and loving God. It is asking God for help against people who want to hurt them in some way. The person in the Psalm, however, continues to love them and pray for them anyway (v. 4). That is how we must treat people who may be against us as well.</p> <p>Make praying hands with foam hands and a pipe cleaner or zip tie to hold them together. Inside, provide kids with slips of paper with things they can pray for. Prepare slips in advance with punched</p>	<p>prayer adversaries enemies lying tongue hatred</p>

*Israel will be delivered much like they were in the time of Esther. It summarizes Books I-IV.*

holes and have kids dictate, draw, write 5 people they will pray for every day.



Make a prayer chain with paper of things they can pray for every day. Review weekly and as prayers are answered, move them to an answered prayers chain to help kids see how prayers are answered by God.



Create a prayer jar with a popsicle stick for each prayer request. Similar idea as the one above.

