
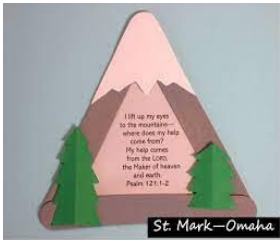



Sabbath Study for Young Kids

Theme: Psalms 121, 125, 126

Lesson	Objectives	Activities	Vocabulary
Lesson 1	<p><i>Read & understand the meaning of specific Psalms & how they can draw close to God.</i></p> <p><i>Psalms 107-150 describe the time when Israel will be delivered much like they were in the time of Esther. It summarizes Books I-IV.</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 121.</p> <p>Talk about how God watches over us. Have kids draw 4 different ways God takes care of their families.</p> <p>Make these pictures from torn or cut paper of any kind. This is a great way to use patterned paper.</p>  <p>Talk about how Daniel counted on God for protection. Watch a video showing how Daniel prayed to God for deliverance in the Lion's Den.</p> <p>Create mountains from scrap paper and place verse on it.</p> 	<p>hills slumber preserve guard keeper help heaven earth</p>
Lesson 2	<p><i>Read & understand the meaning of specific Psalms &</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 125. Pay special attention to verse 2. Show the children the image I sent in an email of mountains everywhere. Remind them of our time in the mountains. It will help them better understand</p>	<p>immovable mountains trust forever upright</p>

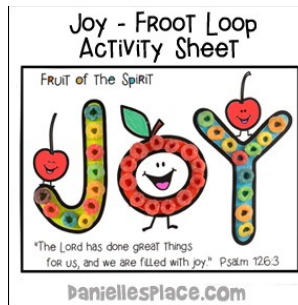
	<p><i>how they can draw close to God.</i> <i>Psalms 107-150 describe the time when Israel will be delivered much like they were in the time of Esther. It summarizes Books I-IV.</i></p>	<p>verse 2 and how God is all around us protecting us.</p> <p>Create mountain collages with torn construction paper. Use light blue, dark blue, purple, or black to show layers of mountains against white paper. Write verse 2 on the pictures.</p>  <p>Review verse 1. Trusting God means having an immovable heart for God, much like David. It remains forever focused and trusting in God. Talk about what 'immovable' means. A large rock or mountain is immovable. Find small rocks outside. Paint hearts on them and write the verse reference on it: Psalm 125:1. As an alternative, use heart shapes and glue small, crumbled tissue paper to them.</p>	<p>crooked</p>
<p>Lesson 3</p>	<p><i>Read & understand the meaning of specific Psalms & how they can draw close to God.</i> <i>Psalms 107-150 describe the time when Israel will</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 126. Pay special attention to verse 3. Talk about what in God's creation gives them joy or great happiness. Talk about how Abraham and Sarah must have experienced great joy when God gave them a son, especially since they had prayed for one for so long. Compare it to the JOY they may have experienced with the birth of a sibling. Talk about how we can tell someone is feeling joy (smiles, laughter, singing, dancing, happy tears). Discuss how we can show our joy before God for all He has done for us. Remind children that pouting, screaming, or angry silence do not show God joy.</p>	<p>joy gladness singing laughter rejoicing</p>

be delivered much like they were in the time of Esther. It summarizes Books I-IV.

Use a palm print or traced hand print on the middle of a paper plate to recreate this image. Decorate the plate edges in a creative way.



Focus on the meaning of JOY, one of the Fruits of the Spirit. Draw the word JOY with bubble letter. Complete a Fruit Loop activity while you talk about JOY and how God gives us JOY. Students can line the outline of the word with fruit loops and then eat them. You could use buttons or small pompoms after that and glue them on to make pictures.



Create a collage of images from magazines of things/people/experiences that God has provided them that gives them joy. Here is an example though it is not a colorful collage. This would be a great mural.