



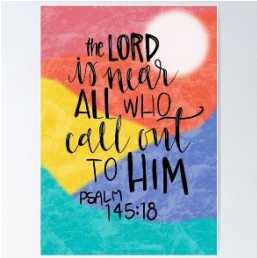
# Sabbath Study for Young Kids


Theme: Psalms 141, 142 & 143, 145 & 146, 149 & 150

| Date                       | Objectives   | Activities   | Vocabulary   |
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| <p>1/6</p> <p>Lesson 1</p> | <p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God.</i></p> <p><i>Psalms 107-150 describe the time when Israel will be delivered much like they were in the time of Esther. It summarizes Books I-IV.</i></p> | <p>Remind children that the Psalms will help them learn how to stay close to God. Read <b>Psalm 141</b>. Pay special attention to <b>Psalm 141:3 &amp; 4</b>. Ask the children why David would be praying for a guard at his mouth. Talk about a time you had to guard your lips from saying something unkind.</p> <p>Create a booklet with construction paper. Break on the verse (Ps. 141:1) into shorter parts and write one part on each page of the booklet. Have children illustrate each part. For example, Set a guard (draw guard) over my mouth O Lord (draw a child covering mouth) keep watch (draw eyes) over the door (draw a door) of my lips (draw lips). Have children create a cover with the title: Psalm 141:1 on it.</p> <p>Create large lips on pieces of construction paper. Write this verse inside a speech bubble coming out of the lips.</p> <p>Use small paper bags to make puppets with long tongues. On the tongues, write positive and kind things to say rather than unkind things.</p>  | <p>guard</p> <p>wicked</p> <p>evil</p> <p>practice</p> <p>iniquity</p> |

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|                               |   | <p>Talk to the children about verse 4 and what it means to turn your heart to something evil. Remind them that sin is like a spider's web. Talk about how spiders catch their prey in their nets and eat them. Together think of evil things not to turn your heart towards and place them on a large spider's web you create in advance.</p>    |  |
| <p>1/13<br/><br/>Lesson 2</p> | <p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God. Psalms 107-150 describe the time when Israel will be delivered much like they were in the time of Esther. It</i></p> | <p>Remind children that the Psalms will help them learn how to stay close to God. Read <b>Psalm 142 &amp; 143</b>. Pay special attention to <b>Psalm 143:10</b>.</p> <p>Talk about what God's will is for everyone – to become His children. Review how this happens – we talked about it during the Feast of Tabernacles. We must be humble, teachable, and good listeners/doers for God to teach and lead us.</p> <p>Create a hanging wall tapestry with popsicle sticks. Sticks can be attached like an accordion with masking tape. Have children color each stick with markers or quick-drying paint. Write parts of the verse on each stick. Have children arrange them in order before you tape them. Attach yarn or string so the verse can be hung.</p> | <p>compass<br/>will<br/>firm footing<br/>teach<br/>lead<br/>path<br/>faithfulness<br/>meditate</p> |

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|                               | <p><i>summarizes Books I-IV.</i></p>   | <div data-bbox="781 191 1068 464" data-label="Image"> </div> <p>Talk about what a compass or GPS does – gives people the right direction to follow when they don't know the way. Create compasses using paper plates, a black needle, and a paper fastener so the needle can move. Explain that knowing what the Bible says and following it is one way to stay on track with God and His ways. Label the ends N, S, E, W.</p> <div data-bbox="781 968 1068 1339" data-label="Image"> </div> |  |
| <p>1/20<br/><br/>Lesson 3</p> | <p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God.</i></p> | <p>Remind children that the Psalms will help them learn how to stay close to God. Read <b>Psalm 145 &amp; 146</b>. The Psalm 145 declares some wonderful promises of God. See if you can pick them out together. Ask each child to draw something that reminds them of a promise from God.</p> <p>Show the children a magnifying glass and show them how it helps them to see small things</p>   | <p>extol<br/>mercies<br/>mighty acts<br/>works<br/><br/>food in due season</p> |

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|  | <p><i>Psalms 107-150 describe the time when Israel will be delivered much like they were in the time of Esther. It summarizes Books I-IV.</i></p> | <p>closely. Explain how God can see each one of us even though we are small to a great God. He looks closely at our hearts and watches over us. Have each child draw a magnifying glass and a picture of themselves inside it to show how God is watching over them.</p> <p>God is good to all. Sometimes God uses us to help others too. Talk about how we can help others such as the elderly, the sick, the needy, etc. Have children act out one way they can help others. Collect cans of food for a local soup kitchen.</p> <p>How has God been great to you? Create a group mural of blessings and good things God has done in the past year for you and your families. Ask children to bring in items or pictures to show God's greatness in their personal lives. For example, a baby picture of a new sibling, a picture of a new toy, a hand-drawn picture of flowers growing, something from a family vacation, etc.</p> <p>Design an abstract picture of mountains or another part of God's creation with paint. Once dry, print or paint the verse on it.</p>  |  |
|  | <p><i>Read &amp; understand</i></p>   | <p>Remind children that the Psalms will help them</p>  |  |

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| <p>1/27</p> <p>Lesson 4</p> | <p><i>the meaning of specific Psalms &amp; how they can draw close to God.</i></p> <p><i>Psalms 107-150 describe the time when Israel will be delivered much like they were in the time of Esther. It summarizes Books I-IV.</i></p> | <p>learn how to stay close to God. Read <b>Psalm 149 &amp; 150. Focus on Psalm 149:5 &amp; 6.</b> Talk about what it means to praise God with your whole heart. Note how the saints are described in these two verses...high praises in their mouth and a two-edged sword (Bible) in their hand. How do you think are God's people are using the Bible?</p> <p>Create stick people praising God. Put them around a picture of the world or on a world map. Add one of the verses that talk about many people praising God.</p>  <p>Read Psalm 150 together. Print the Psalm on a large piece of paper so children can see it too. Highlight different ways to praise God. Talk about how they praise God on Sabbath and at home. Try some other ways to praise God (snapping fingers, stomping a foot, etc.). Talk about what is in your heart when you praise God. Create a simple praise poem that the children can learn. Allow children to express themselves with a sound as they praise God in the poem.</p> <p>Use cardboard or foam coffee cups with lids to make shaker cups. Decorate the outside of the cups first. Put different things inside and then shake them until you have the desired sound. Try sand, pebbles, marbles, acorns, cotton balls,</p> | <p>rejoice</p> <p>meek</p> <p>high praises</p> <p>two-edged sword</p> <p>congregation</p> |
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|  |  | candy, cereal, beans, etc. Allow the children to experiment with different items for a while and then choose one. |  |
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