



Sabbath Study for Young Kids

Theme: Psalms 16, 17, 18, 19, 23

Lesson	Objectives	Activities	Vocabulary
Lesson 1	<p>Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus on Psalm 16.</i></p> <p>The Psalms remind us of how we are to draw close to God. Psalm 16 shows us how God is our rock and how we can trust Him for protection. He has our best interests at heart.</p>	<p>Remind children that the Psalms will help them learn how to stay close to God & trust Him. Read all of Psalm 16 together. Pay special attention to Psalm 16:8.</p> <p>God is our rock of truth. With God's help, we cannot be moved. Find small rocks on the church property. Paint them and place Ps. 16:8 on them. Use them to secure papers or doors.</p> <p>Talk to children about their favorite safe places where they like to play, sleep, or hide. A safe place is where they could take refuge during a hurricane or when there might be danger nearby. Explain how David sought after God as his refuge when the enemies were trying to find him. Create a tent with blankets and chairs to illustrate the meaning of a refuge. Talk about how God protects & preserves us when we trust Him. With the children, create a song, poem, or story about David's prayer for refuge and preservation.</p> <p>Read Ps. 16:11 with the children. Create a path of life with steppingstones of cardboard that contain godly pleasures and joys. Children</p>	<p>preserve</p> <p>goodness</p> <p>refuge</p> <p>inheritance</p> <p>uphold</p> <p>not be moved</p> <p>abandon</p> <p>path of life</p> <p>pleasures</p>

		can hop on the steppingstones to walk on God's path of life.	
Lesson 2	Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus on Psalm 17.</i>	<p>Remind children that the Psalms will help them learn how to stay close to God & trust Him. Read all of Psalm 17 together. Pay special attention to Psalm 17:3.</p> <p>Find wooden apple shapes, paint them red, and write Ps. 17:8 on them. Tell the children that God has each of them in His sight & mind at all times.</p> <p>Talk about how God keeps us safe from all kinds of things when we cling to Him. Have children make a tent with a sheet and the chairs. Let them huddle in the tent (REFUGE) and read Ps. 17:8 with them. Explain that David felt sheltered in the shadow of God's wings.</p> <p>With steppingstones of paper or tape on carpet, make 2 paths. Make one wide and one narrow, such as the width of a balance beam. Talk with children about which path would be God's way and then have them create paper trees along each path that represent things that are good (God's path) or evil (man's path).</p> <p>Use the paths created above. Create a list of typical decisions your children may have to make (ex. – hit or hug someone). During the lesson, read each decision out loud. After the decision is read, have children</p>	<p>apple of my eye</p> <p>refuge</p> <p>path</p> <p>prayer</p> <p>held fast</p> <p>hide</p> <p>shadow of your wings</p> <p>righteousness</p>

		hop to the correct path. If staying on the same path, they should hop in place.	
Lesson 3	Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus on Psalm 18.</i>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 18 together. Pay special attention to Psalm 18:1-3, 30.</p> <p>Collect different sizes of rocks. Write one word on each rock from Ps. 18:1, 2, or 30. Have kids place the rocks in order by matching the words with the verse. Then use the rocks, glue, or sand to help them build a high tower or fortress.</p>  <p>Talk about shields – what they are, what they do to protect us, etc. Find a toy shield at the Dollar Tree to use as an example for them. Draw shields from posterboard, cut them out and add handles with cardboard and duct tape. Foil can be used to make them look metallic. Paper plates could also be used as shields. Print the verse on the shield.</p> 	<p>fortress</p> <p>deliverer</p> <p>rock</p> <p>refuge</p> <p>shield</p> <p>high tower</p> <p>praised</p> <p>enemies</p> <p>perfect</p>
Lesson 4	Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus</i>	Remind children that the Psalms will help them learn how to stay close to God. Read all of Psalm 19 together. Pay close	God's Law: law of the Lord precepts commandments

on Psalm 19.

attention to Psalm 19:1.

Create pictures using different items to express this verse.



Paint a rock gold with spray paint. Allow kids to guess whether it is real gold or not. Ask children how many of them would like gold. Read Psalm 19:10 together & talk about how God's Word is more desirable than gold. Place a dot of honey on every child's finger to taste. Talk about how sweet honey is to taste. Talk about how God's Word is sweet to us. Recreate something like this with Ps. 19:10. Use toilet paper rolls sliced into smaller pieces for honeycombs. The bee can be made with paper, pipe cleaners, or use pre-created bee appliques from a fabric/craft store.



What God's Law

Does:


restore
perfect
right
pure

Outcome:

Simple become
wise
rejoicing heart
enlightens eyes

God's Laws are...

desired more than
gold
sweeter than
honey

<p>Lesson 5</p>	<p>Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus on Psalm 23.</i></p> <p>Talk about what “paths of righteousness” are in daily life, such as honoring parents, helping others, praying to God, etc.</p> <p>Talk about how shepherds used the rod and staff to guide the sheep on the right path to keep them safe. Explain how God guides us to keep us safe.</p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read all of Psalm 23 together. Talk about how God comforts us when we feel alone, afraid, nervous, or upset. Repeat the Psalm together as a group to help children to memorize it.</p> <p>Work with the children to create hand motions for each phrase of the Psalm. They can show the motions at appropriate time as they recite the Psalm. Use the vocabulary words to help with the motions.</p> <p>Read all of Psalm 23 together. Older kids can create a mini book of the Psalm, placing a phrase on each page & illustrating them. Younger kids can illustrate pages of a pre-created booklet.</p>  <p>Children can practice Psalm 23 by placed the phrases in the correct order. Cut out and laminate the phrases of the Psalm. Attach a magnet or Velcro to the back of each & allow kids to practice putting these in order on a magnetic</p>	<p>shepherd</p> <p>green pastures</p> <p>still waters</p> <p>restored soul</p> <p>paths of righteousness</p> <p>valley</p> <p>fear no evil</p> <p>rod and staff</p> <p>comfort</p> <p>prepare a table</p> <p>anoint my head with oil</p> <p>goodness & mercy will follow me</p> <p> dwell in the house of the Lord</p>

white board. Have kids create, color, & cut out images to match each phrase.

