Sabbath Study for Young Kids

Theme: Psalms 16, 17, 18, 19, 23

Lesson	Objectives	Activities	Vocabulary
	Read & understand the meaning of specific	Remind children that the Psalms will help them learn how to stay	preserve
Lesson	Psalms & how they can draw close to God. Focus	close to God & trust Him. Read all of Psalm 16 together. Pay	goodness
1	on Psalm 16.	special attention to Psalm 16:8.	refuge
	The Psalms remind us of how we are to draw close to God. Psalm 16 shows	God is our rock of truth. With God's help, we cannot be moved. Find small rocks on the	inheritance
	us how God is our rock and how we can trust Him	church property. Paint them and place Ps. 16:8 on them.	uphold
	for protection. He has our best interests at	Use them to secure papers or doors.	not be moved
	heart.	Talk to children about their	abandon
		favorite safe places where they like to play, sleep, or hide. A	path of life
		safe place is where they could take refuge during a hurricane or when there might be danger nearby. Explain how David sought after God as his refuge when the enemies were trying to find him. Create a tent with blankets and chairs to illustrate the meaning of a refuge. Talk about how God protects & preserves us when we trust Him. With the children, create a song, poem, or story about David's prayer for refuge and preservation.	pleasures
		Read Ps. 16:11 with the children. Create a path of life with steppingstones of cardboard that contain godly pleasures and joys. Children	

		can hop on the steppingstones	
		to walk on God's path of life.	
Lesson	Read & understand the meaning of specific Psalms & how they can	Remind children that the Psalms will help them learn how to stay close to God & trust Him. Read	apple of my eye
2	draw close to God. Focus on Psalm 17.	all of Psalm 17 together. Pay special attention to Psalm 17:3.	refuge
		'	path
		Find wooden apple shapes, paint them red, and write Ps. 17:8 on them. Tell the children	prayer
		that God has each of them in His sight & mind at all times.	held fast
			hide
		Talk about how God keeps us safe from all kinds of things	shadow of your
		when we cling to Him. Have	wings
		children make a tent with a	
		sheet and the chairs. Let them huddle in the tent (REFUGE) and	righteousness
		read Ps. 17:8 with them.	
		Explain that David felt sheltered	
		in the shadow of God's wings.	
		With steppingstones of paper or	
		tape on carpet, make 2 paths.	
		Make one wide and one	
		narrow, such as the width of a balance beam. Talk with	
		children about which path	
		would be God's way and then	
		have them create paper trees	
		along each path that represent	
		things that are good (God's path) or evil (man's path).	
		Use the paths created above.	
		Create a list of typical decisions your children may have to make	
		(ex. – hit or hug someone).	
		During the lesson, read each	
		decision out loud. After the	
		decision is read, have children	

		hop to the correct path. If staying on the same path, they should hop in place.	
Lesson	Read & understand the meaning of specific Psalms & how they can	Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 18	fortress deliverer
3	draw close to God. Focus on Psalm 18.	together. Pay special attention to Psalm 18:1-3, 30.	rock
		Collect different sizes of rocks. Write one word on each rock	refuge
		from Ps. 18:1, 2, or 30. Have kids place the rocks in order by	shield
		matching the words with the verse. Then use the rocks, glue,	high tower
		or sand to help them build a high tower or fortress.	praised enemies
		The condition of the ch	perfect
		Talk about shields – what they are, what they do to protect us,	
		etc. Find a toy shield at the Dollar Tree to use as an example for them. Draw shields	
		from posterboard, cut them out and add handles with cardboard	
		and duct tape. Foil can be used to make them look metallic.	
		Paper plates could also be used as shields. Print the verse on the shield.	
		the shield.	
Lesson 4	Read & understand the meaning of specific Psalms & how they can	Remind children that the Psalms will help them learn how to stay close to God. Read all of Psalm	God's Law: law of the Lord precepts commandments
	draw close to God. Focus	19 together. Pay close	

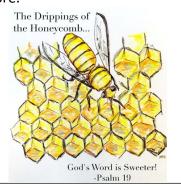
on Psalm 19.

attention to Psalm 19:1.

Create pictures using different items to express this verse.



Paint a rock gold with spray paint. Allow kids to guess whether it is real gold or not. Ask children how many of them would like gold. Read Psalm 19:10 together & talk about how God's Word is more desirable than gold. Place a dot of honey on every child's finger to taste. Talk about how sweet honey is to taste. Talk about how God's Word is sweet to us. Recreate something like this with Ps. 19:10. Use toilet paper rolls sliced into smaller pieces for honeycombs. The bee can be made with paper, pipe cleaners, or use pre-created bee appliques from a fabric/craft store.



What God's Law Does:

restore perfect right pure

Outcome:

Simple become wise rejoicing heart enlightens eyes

God's Laws are... desired more than gold sweeter than

honey

	Read & understand the meaning of specific	Remind children that the Psalms will help them learn how to stay	shepherd
Losson	Psalms & how they can draw close to God. Focus	close to God. Read all of Psalm 23 together. Talk about how	green pastures
Lesson 5	on Psalm 23.	God comforts us when we feel alone, afraid, nervous, or upset.	still waters
	Talk about what "paths of righteousness" are in	Repeat the Psalm together as a group to help children to	restored soul
	daily life, such as	memorize it.	paths of
	honoring parents, helping others, praying to God,	Work with the children to	righteousness
	etc.	create hand motions for each phrase of the Psalm. They can	valley
	Talk about how shepherds used the rod	show the motions at appropriate time as they recite	fear no evil
	and staff to guide the	the Psalm. Use the vocabulary	rod and staff
	sheep on the right path to keep them safe. Explain	words to help with the motions.	comfort
	how God guides us to	Read all of Psalm 23 together. Older kids can create a mini	prepare a table
	keep us safe.	book of the Psalm, placing a	anoint my head
		phrase on each page &	with oil
		illustrating them. Younger kids can illustrate pages of a pre-	goodness & mercy
		created booklet.	will follow me
		The LORD is my Stepherd: I shall not want.	dwell in the house of the Lord
		Children can practice Psalm 23	
		by placed the phrases in the correct order. Cut out and	
		laminate the phrases of the	
		Psalm. Attach a magnet or Velcro to the back of each &	
		allow kids to practice putting	
		these in order on a magnetic	

