



Sabbath Study for Kids

Theme: Psalms 31, 32, 34, 37

Lesson	Objectives	Activities	Vocabulary
<p>Lesson 1</p>	<p>Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus on Psalm 31.</i></p> <p>The Psalms remind us of how we are to draw close to God and trust Him, even when there is evil around us. Our times (our lives) are in His hands.</p>	<p>Remind children that the Psalms will help them learn how to stay close to God & trust Him. Read all of Psalm 31 together. Find a rock larger than a stone that is almost impossible for the children to move. Use this as an illustration of how God is our Rock. Think of others in the Bible who trusted God with courage.</p> <p>Trust feels like a warm blanket around your heart. Have the children huddle under a warm blanket & describe how they feel. Trusting someone is believing they will keep a promise. Sometimes it is hard to be patient while you wait for someone to keep the promise but trusting will help you to be patient. God has made us a promise that He WILL keep. Draw a picture of God's promise to Abraham.</p> <p>Sometimes people tell lies about us or say mean things. That is called slander. Talk about how this makes you feel. Remind children that God is their Rock & that He was slandered too. He trusted God with His life & we should too. Think of someone who might need encouragement & make a card for them with the verse.</p>	<p>fortress redeemed (saved) Rock defense trust preserves (keep safe from injury) faithful courage hope my times (my life) persecute slander</p>

			
<p>Lesson 2</p>	<p>Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus on Psalm 32.</i></p> <p>Compass = Bible</p> <p>God = ship captain, teacher, counselor</p>	<p>Remind children that the Psalms will help them learn how to stay close to God & trust Him. Read all of Psalm 32 together. Ask children what God will do if we pray and obey – teach, instruct, & counsel us – on His ways. He will give us understanding. Ask them which animals don't have understanding & need to be led around (horse and mule).</p> <p>Rewrite one of the verses based on children's abilities. Emphasize verses 7 & 8. Ask children what their favorite hiding place is at home and why hiding places are helpful. Talk about why God is the best hiding place from evil in the world. Create a picture like 2C with the scripture on it.</p> <p>Create little floating boats. Sail them in a tub of water & talk about the importance of God's guidance. Explain that the Bible is like a compass for us to stay on God's path.</p>	<p>teach / instruct counsel forgiven blessed hiding place deliverance upright</p>
<p>Lesson 3</p>	<p>Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus on Psalm 34 .</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 34 together. Have the children identify promises God makes to His children in this Psalm and</p>	<p>magnify/bless encamps hearken refuge pursue seek</p>

		<p>what is required of us to be His children. With the children, create a chart to show this.</p> <p>Create a sunflower picture with a verse from Psalm 34.</p> 	<p>contrite brokenhearted righteous</p>
<p>Lesson 4</p>	<p>Read & understand the meaning of <i>specific Psalms & how they can draw close to God. Focus on Psalm 37.</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 37 together. Pay special attention to the following verses: 4, 5, 11, 23, 29. Compare the righteous with the wicked by placing the right words in each category.</p> <p>Use foam footprints or trace the feet of the children and create footsteps to go around the room. Encourage the children to decorate the footprints. Place a word/phrase from Psalm 37:24 on each footprint (18 words). Have the children put them to hang on the wall.</p> <p>Review Psalm 37:29. Talk about what it means to be righteous in God's eyes. Point out God's promise to inherit the Earth. Create a paper plate Earth, trace child's hand, and place a heart in the middle of it. Write out Psalm 37:29 on the plate in marker.</p>	<p>trust cherish faithfulness meek inherit wicked justice perish exalt inherit</p>



Create a signpost with Psalm 37:5 on it. Talk to the students about how signs help us know which way to go and how God will direct our paths if we wait on Him.