


# Sabbath Study for Young Kids

## Theme: Psalms 47, 48, 49, 51

Lesson	Objectives	Activities	Vocabulary
Lesson 1	<p><i>Read &amp; understand the meaning of specific Psalms &amp; how they can draw close to God. Psalms 42-72 is part of Book II of the Psalms is equated with Pentecost, the feast of the first fruits. Focus on Psalm 47.</i></p>	<p>Remind children that the Psalms also show us how to worship and praise God. Read all of Psalm 47 together. This psalm provides clues suggesting it is describing Christ's return to earth just before the Millennium in the future (shall) The sound of the horn is one clue to this. The saints are referred to as the "shields of the earth" because they are returning to earth as kings &amp; priests with Christ. Draw these connections for children with what they just learned during the Feast of Tabernacles.</p> <p>Look/listen in the Psalm for words that describe how we can praise God: clap, blow horn, sing. Talk about why they are praising God. Create a mural or poster using just hands and arms with washable paint to illustrate clapping, a horn, and singing. Make shapes/images with fists, palms, arms, etc. to accomplish this. ☺ Label with the Psalm or write a verse of it on the painting.</p> <p>Part of this Psalm is actually a praise song – Clap Your Hands, All You People. Find it and play it for the children. Have them sing along with it. Clap hands, pretend to raise a horn, or pretend to shout while singing. Raise hands during "Hosanna" part of the</p>	<p>praises triumph inheritance subdue reigns throne holiness understanding shields</p>

		<p>song. Stand and dance during the song.</p> <p>Make an instrument to help you praise God. Use old water bottle, beads, and some yarn or ribbon. Practice singing and shaking the rattle with the beat to <i>This Little Light of Mine!</i></p> 	
<p>Lesson 2</p>	<p>Read &amp; understand the meaning of <i>specific Psalms &amp; how they can draw close to God. Psalms 42-72 is part of Book II of the Psalms is equated with Pentecost, the feast of the first fruits Focus on Psalm 48.</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God &amp; trust Him. Read all of Psalm 48 together. This Psalm depicts Christ as King on earth in the future. Notice that the kings are afraid to approach Him. Why do you think that is the case? Why might they be worried? Where is this palace (Mt. Zion)? Find it on a map.</p> <p>The word <b>fortress</b> is used to describe God on His throne. A fortress is very strong and not able to be moved. It is secure. Show the children a picture of a fortress. With Lego blocks, have children build strong fortresses with towers at the corners. Encourage kids to talk about their strong tower. Talk about how God is strong like a fortress.</p> <p>Find words in the Psalm that describe God in a different way (<i>gentleness, beautiful, loving</i></p>	<p>fortress temple assembled palace towers</p>

		<p><i>kindness, righteousness, joy</i>). The Psalm says these things are inside the fortress or temple. For younger children, use printable words and help them locate them in the Psalm. Give the children small hearts to go inside their fortresses to illustrate this idea. Draw pictures of the fortress with a heart coming out from the inside.</p>	
<p>Lesson 3</p>	<p>Read &amp; understand the meaning of <i>specific Psalms &amp; how they can draw close to God</i>. <i>Psalms 42-72 is part of Book II of the Psalms is equated with Pentecost, the feast of the first fruits Focus on Psalm 49</i> .</p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 49 together. Have the children listen for instructions from God in the Psalm. The Psalm instructs us not to fear those with wealth &amp; honor on the earth. Unless they have understanding, they are like animals that die (perish). Instead, we are to speak wisdom and value understanding in the heart (v.3) rather than trust in wealth (v.6).</p> <p>Give each child a fake dollar or a coin. Talk with the children about how money is a resource but has no value at death or at Christ's return. Instead, our focus should be on gaining wisdom and understanding. Ask children who wants to trade their money for wisdom &amp; understanding from God. Make the trade with paper hearts that say wisdom &amp; understanding on them.</p> <p>Cut out brightly colored "gems" or gold foil coins. Write an item on each of something we should treasure or not treasure in our</p>	<p>parable inhabitants rich poor wisdom understanding honor perish</p>

		<p>hearts. Hide them around the room for children to find. One by one decide together if they should be treasured (according to the Bible) or not. Place those that we should treasure in a small wooden treasure box or special gift box.</p>	
<p>Lesson 4</p>	<p>Read &amp; understand the meaning of <i>specific Psalms &amp; how they can draw close to God. Psalms 42-72 is part of Book II of the Psalms is equated with Pentecost, the feast of the first fruits Focus on Psalm 51:10 &amp; 17.</i></p>	<p>Remind children that the Psalms will help them learn how to stay close to God. Read Psalm 51 together. Focus on Ps. 51:10 &amp; 17. This is David's psalm of repentance after he had sinned against God through adultery and murder. It is a model for how we are to repent before God with our whole heart. Demonstrate what sin is like with a stain on a piece of cloth. Then try to remove it or cleanse it to get the stain out, demonstrating forgiveness. Depending on the stain, this is impossible to remove. Only God can do it. God cannot live in us when we sin, so we must repent every day with a broken spirit recognizing Him as Lord rather than ourselves.</p> <p>Create hearts with cut pieces of colorful sponges or use sponges dipped in paint to create a poster with Psalm 51:10 on it.</p> <p>Create a large poster using brightly colored buttons for Psalm 51:10.</p>	<p>clean purge cleanse blot out renew restore wash whiter than snow</p> <p>contrite heart broken spirit steadfast despise</p>



What is in a clean heart? Create foldable hearts with 1-3 words inside to indicate what is it a clean or contrite heart.

